

Dr. Umesh Bogati
Nepal Medical Council Registration No. 11408
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PERSONAL DETAILS

Name : Umesh Bogati
Date of Birth : March 17, 1984
Nationality : Nepali
Citizenship Number : 107958
Marital Status : Married

EMPLOYMENT

National Academy of Medical Sciences, Bir Hospital

Geriatrician

Mahaboudha, Kathmandu, Nepal

Duration: December 2018 – till date

COVID Coordinator

Duration: September 2021 – till date

Shangrila Reconstruction and Development Project

Reconstruction and Development Lead

Jhamsikhel, Lalitpur, Nepal

Duration: May 2015 – September 2015

Shanti Sewa Griha Clinic & Rehabilitation Centre

OPD/Ward (Medical Officer)

Pashupati, Tilganga, Kathmandu, Nepal

Duration: August 2014 – January 2015

Green City Hospital Pvt. Ltd.

Department of Emergency/General Ward/ICU (Medical Officer)

Sinamangal, Kathmandu, Nepal

Duration: February 2013 – February 2014

Manmohan Cardiothoracic Vascular and Transplant Center

Department of Cardiovascular and Thoracic Surgery (Medical Officer)

TUTH Complex

Maharajgunj, Kathmandu, Nepal

Duration: September 2012 – February 2013

National Academy of Medical Science, Bir Hospital

Emergency Department (Medical Officer)

Mahaboudha, Kathmandu, Nepal

Duration: January 2012 – August 2012

Contribution as a Geriatric Expert:

National Health Training Center, Ministry of Health and Population, Nepal

National Trainer of Geriatrics

Geriatric Course Development including Geriatric Assessment training.

Ministry of Health and Population, Nepal

Expert on drafting National Health Strategy and other guidelines related to geriatrics.

EDUCATION

Atlantic Fellows for Equity in Brain Health Certificate Program

Global Brain Health Institute, University of California, San Francisco, USA

Passed Year: Ongoing

M.D. Geriatric Medicine

Central South University, Changsha, P. R. China

Passed Year: 2018

Bachelor of Medicine and Bachelor of Surgery (MBBS)

Jiangxi University of TCM, Nanchang, Jiangxi province, P. R. China

Passed Year: 2010

Intermediate

Kathmandu Don Bosco H.S.S

New Baneshwor, Kathmandu, Nepal

Affiliated to HSEB board, Nepal

Passed Year: 2004

School Leaving Certificate

Sudesha Boarding Secondary School

Nakhu, Lalitpur, Nepal

Affiliated to His Majesty's Government (HMG), National Board of Nepal

Passed Year: 2000

Language & Degree Of Proficiency :

<i>Language</i>	<i>Reading</i>	<i>writing</i>	<i>Speaking</i>
<i>English</i>	<i>Excellent</i>	<i>Excellent</i>	<i>Excellent</i>
<i>Hindi</i>	<i>Excellent</i>	<i>Excellent</i>	<i>Excellent</i>
<i>Chinese</i>	<i>Good</i>	<i>Good</i>	<i>Excellent</i>
<i>Nepali</i>	<i>Mother tongue</i>		
<i>Newari</i>	-	-	<i>Basic</i>

Registration in**Professional Societies:**

Registered in the Nepal Medical Council (NMC No:11408)
Registered as Geriatrician in the Nepal Medical Council (2018)
Registered Member of Nepal Medical Association.
General Secretary of Geriatric Society of Nepal.
Registered Member of American Geriatric Society.
Registered Member of British Geriatric Society.
Registered Member of International Parkinson and Movement Disorder Society.
Registered Member of World Stroke Organization.
Registered Member of American Heart Association.
Registered Member of The Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART).

Social Activities:

- i. *Vice-Chairperson, Shangrila Orphanage Home, Chapagaon, Lalitpur*
- ii. *Executive Member, Shangrila International School Trust, Chapagaon, Lalitpur*
- iii. *Executive Member, Sayapatri Jiangxi Friends in Social Services, New Baneshwor Kathmandu*

Research Involvement:

1. Assessment of Health Status of Older Adults of Selected Districts of Nepal – July 2023

2. McQuilten ZK, Venkatesh B, Jha V, Roberts J, Morpeth SC, Totterdell JA, et al. Anticoagulation Strategies in Non–Critically Ill Patients with Covid-19. NEJM Evidence. 2023;2(2):EVIDoa2200293.

<https://evidence.nejm.org/doi/full/10.1056/EVIDoa2200293>

3. Frailty Pathways Toolkit – Standardised Toolkit for Planning, Provision, and Evaluation of Frailty Pathways of Care – February 2022 – Delphi Study

<https://frailtyicare.org.uk/wp-content/uploads/2022/04/Frailty-Pathways-Toolkit-.pdf>

4. A systematic review to examine the relationship of metformin on cognitive impairment in the older diabetic population - ongoing

5. Incidence of Steroid-Induced Diabetes Mellitus caused by Dexamethasone used for prevention of Chemotherapy induced nausea and vomiting

<https://dx.doi.org/10.18535/jmscr/v7i10.52>

6. Shilpakar, Olita & Rajbhandari, Bibek & Karki, Bipin & Bogati, Umesh. (2020). Intracranial Haemorrhage as a Fatal Complication of Evans Syndrome: A Case Report. Nepal Medical Journal. 2. 10.37080/nmj.76.

<http://dx.doi.org/10.37080/nmj.76>

7. Shilpakar, Olita & Rajbhandari, Bibek & Karki, Bipin & Bogati, Umesh. (2020). Multiple Organ Dysfunction and Acute Pancreatitis Following Wasp Stings. Journal of Nepal Health Research Council. 566-574. 10.33314/jnhrc.v18i3.2637.

<https://doi.org/10.33314/jnhrc.v18i3.2637>

I, the undersigned, certify that, to the best of my knowledge and belief, the curriculum-vitae correctly describes me, my qualification and my experience.

(Dr. Umesh Bogati)

NMC No: 11408